



## Essential Items to Create Your Cat's Emergency First Aid Kit

**If you suspect poisoning, call the Pet Poison Helpline at (855) 764-7661, or the ASPCA Poison Control (888) 426-4435 immediately - both are available 24/7**

Folklore says cats have nine lives, but let's not put that to the test, OK?

I'm certified in American Red Cross Pet First Aid, and sharing this list to create your cat's first aid kit—because being prepared can save a life.

We love our fur babies and want to keep them safe, but sometimes emergencies happen. Whether it be a health issue or an accident, cat parents should know how to handle the situation to stabilize them and keep them safe until you can get to a vet or hospital.

Prevention is always best and keeping your cat indoors alleviates the likelihood of so many potential hazards. However, even our indoor fur babies can experience an incident that requires first aid.

Possible emergencies can include a variety of incidents such as heatstroke, bug bites, allergic reactions, injuries, choking, poison, cuts, even seizures to name just a few.

Your cat's first aid kit should include these essential items:

- ✓ Gauze pads & bandages
- ✓ Tweezers
- ✓ Scissors with blunt tips
- ✓ Digital thermometer (normal temp: 99.5°F – 102.5°F)
- ✓ Hydrogen peroxide (to induce vomiting, ONLY under a vet's advice)
- ✓ Antiseptic wipes or chlorhexidine
- ✓ Saline solution (for eye or wound cleaning)
- ✓ Styptic powder or cornstarch in case of bleeding
- ✓ Large towel
- ✓ Latex or nitrile gloves
- ✓ A pet-safe muzzle (in emergencies)

Hopefully, none of us will ever need to implement these steps, however, taking the proper precautions and having the basic first aid knowledge may help save your cat's life.

XOXO,

*Randye & LolaBelle*